

# THE INTERNATIONAL INDEX OF ERECTILE FUNCTION PATIENT INFO

## Patient Questionnaire

These questions assess how erection problems have affected your sex life over the past four weeks. Please answer honestly and clearly to help your doctor find the best treatment. Refer following definitions while answering the questions

**Sexual activity:** Includes intercourse, caressing, foreplay, and masturbation.

**Sexual intercourse:** Penetration of your partner.

**Sexual stimulation:** Includes foreplay, erotic images, etc.

**Ejaculation:** Release of semen or the sensation of it.

**Orgasm:** Climax after sexual stimulation or intercourse.

### OVER THE PAST 4 WEEKS CHECK ONE BOX ONLY

<input type="checkbox"/> Q1	<b>How often were you able to get an erection during sexual activity?</b>	0 No sexual activity 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q2	<b>When you had erections with sexual stimulation, how often were your erections hard enough for penetration?</b>	0 No sexual activity 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q3	<b>When you attempted intercourse, how often were you able to penetrate (enter) your partner?</b>	0 Did not attempt intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q4	<b>During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?</b>	0 Did not attempt intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q5	<b>During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?</b>	0 Did not attempt intercourse 1 Extremely difficult 2 Very difficult 3 Difficult 4 Slightly difficult 5 Not difficult
<input type="checkbox"/> Q6	<b>How many times have you attempted sexual intercourse?</b>	0 No attempts 1 One to two attempts 2 Three to four attempts 3 Five to six attempts 4 Seven to ten attempts 5 Eleven or more attempts
<input type="checkbox"/> Q7	<b>When you attempted sexual intercourse, how often was it satisfactory for you?</b>	0 Did not attempt intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q8	<b>How much have you enjoyed sexual intercourse?</b>	0 No intercourse 1 No enjoyment at all 2 Not very enjoyable 3 Fairly enjoyable 4 Highly enjoyable 5 Very highly enjoyable

<input type="checkbox"/> Q9	<b>When you had sexual stimulation <u>or</u> intercourse, how often did you ejaculate?</b>	0 No sexual stimulation or intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q10	<b>When you had sexual stimulation <u>or</u> intercourse, how often did you have the feeling of orgasm or climax?</b>	1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q11	<b>How often have you felt sexual desire?</b>	1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
<input type="checkbox"/> Q12	<b>How would you rate your level of sexual desire?</b>	1 Very low or none at all 2 Low 3 Moderate 4 High 5 Very high
<input type="checkbox"/> Q13	<b>How satisfied have you been with your <u>overall sex life</u>?</b>	1 Very dissatisfied 2 Moderately dissatisfied 3 Equally satisfied & dissatisfied 4 Moderately satisfied 5 Very satisfied
<input type="checkbox"/> Q14	<b>How satisfied have you been with your <u>sexual relationship</u> with your partner?</b>	1 Very dissatisfied 2 Moderately dissatisfied 3 Equally satisfied & dissatisfied 4 Moderately satisfied 5 Very satisfied
<input type="checkbox"/> Q15	<b>How do you rate your <u>confidence</u> that you could get and keep an erection?</b>	1 Very low 2 Low 3 Moderate 4 High 5 Very high

## Background

The 15-question International Index of Erectile Function (IIEF) is a validated, self-administered tool used to assess erectile dysfunction and monitor treatment outcomes. Each question is scored from 0–5, covering four domains: erectile function, orgasmic function, sexual desire, and intercourse satisfaction.

In a study of 111 men with sexual dysfunction and 109 age-matched controls, mean scores were recorded for comparison.

FUNCTION DOMAIN	MAX SCORE	CONTROLS	PATIENTS
<b>A. Erectile Function (Q1,2,3,4,5,15)</b>	30	25.8	10.7
<b>B. Orgasmic Function (Q9,10)</b>	10	9.8	5.3
<b>C. Sexual Desire (Q11,12)</b>	10	7.0	6.3
<b>D. Intercourse Satisfaction (Q6,7,8)</b>	15	10.6	5.5
<b>E. Overall Satisfaction (Q13,14)</b>	10	8.6	4.4

## Clinical Application

IIEF should supplement—not replace—a full sexual history and exam, as it offers limited insight into psychosexual and partner-related factors.

### Guidelines:

Domain A (Erectile Function):

Score <14 suggests a trial of Sildenafil (if not contraindicated); refer to specialist if ineffective.

Patients with orgasm/ejaculation issues (Domain B) should be referred for specialist investigation.

Patients with low scores in Domain C (sexual desire) should undergo testing for androgen and prolactin levels.

If Domains D & E are low and Domain A scores 14–25, consider psychosexual counselling.